



YEAR 5-12 SPORTS DAY
Refer to page 4

MOUNT CARMEL COLLEGE

R-12

Belonging ~ Diversity ~ Excellence ~ Relationship



From the Principal

Dear Families

for our secondary students to develop their communication skills and to talk about their learning and development at Mount Carmel College.

students as they shift into adulthood. We wish our Year 9 students well on this year long program.

VIP Morning

On Friday the sun shone, and it was wonderful to see so many parents, grandparents and other family VIPs attend our morning. The students' faces beamed as they showed family and friends what they have been learning this term. Our VIP mornings give students the opportunity to practise the important skills of communication, and we know from research that students gain a better understanding of a concept when they have to talk about it and explain it to someone else. Thank you to everyone who attended.

Both our Primary Campus and Secondary Campus are experiencing strong demand for places, so if you have family or friends interested in sending their daughter or son to our College, please encourage them to visit us and to complete an Application to Enrol Form (available from our website) as soon as possible.

Year 5-12 Sports Day

On Friday 3 March our Year 5-12 students gathered at the newly renovated SA Athletics Stadium at Mile End.

Continued page 2.

Open Day

On Thursday 23 March from 4-7pm the Secondary Campus will be holding the annual Open Day. This will be the equivalent opportunity

Year 9 Rite Journey

Last Thursday our Year 9 students gathered at Lartelare Reserve, Glanville for the launch of the Rite Journey program. This program supports the development of self-aware, responsible, respectful, resilient, resourceful and reflective

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Diary Dates

MARCH 2023

- 19 St Joseph's Day
- 23 Year 7-12 Early Dismissal 1pm - Open Day
- 23 Open Day: Secondary Campus 4pm-7pm
- 24 Primary Assembly (Year 1) 9am
- 27 Catholic Co-ed Athletics Carnival
- 29 Sports Day Primary Campus
- 31 Come'n' Try Surfing @ Pt Noarlunga

Further dates are available from our website at www.mcc.catholic.edu.au

2023 TERM DATES:

Term 1: 30 Jan - 14 Apr

Term 2: 1 May - 7 Jul

Term 3: 24 Jul - 29 Sep

Term 4: 16 Oct - 8 Dec



Like us on Facebook!

Stay up to date with all the latest Mount Carmel College news and events!

Visit us at www.facebook.com/mccadelaide

and click 'Like'.

Student Absences/ Late Arrivals

When a student is absent or going to be late, parents should notify the school by 9am on that day by texting the **Absentee Line on 0438 368 846 (SMS) or phoning (08) 8447 0500**. You will need to state the following:

NAME OF CHILD, YEAR LEVEL, REASON FOR ABSENCE eg *If late approximately what time will your child arrive etc.*

A medical certificate is required if a student is away for more than 3 days. For any planned extended absence, a letter to the Principal is required to explain circumstances.

From the Principal continued...



The day is a mixture of competitive traditional track and field events, mixed with some fun novelty events.

It was great to see the friendly competition between Houses. Our House Captains and assistants did a great job in organising their teams and in generating House spirit. Congratulations to Agius on winning the overall trophy, just ahead of Tenison.

Thanks to Mrs Bek Footner, the PE staff and all staff who ensured this was an enjoyable and safe day.

NAPLAN

NAPLAN testing commenced yesterday for Years 3, 5, 7 & 9 students. It is important to remember that NAPLAN is just one of a range of assessment tasks. Your son or daughter's teacher is the person best placed to have a discussion with you about your child's literacy and numeracy strengths and areas for growth.

Be a person of hope to others.

*John Konopka
Principal*

Year 9 Visual Arts - Blind Contour Drawings



Thank you to Highland Bakehouse

Thank you to Vandi Huynh and the team at Highland Bakehouse for kindly offering to provide the bread for our FREE Sausage Sizzle, available during our Open Day on Thursday, 23 March 4pm-7pm. Their generosity is very much appreciated.



www.highlandbakehouse.com.au

VIP Morning - Primary Campus



Year 5-12 Sports Day



Year 5-12 Sports Day continued...



Year 5 Cooking and Woodwork



Year 5C have spent the last 4 weeks, visiting the Secondary Campus to undertake both cooking with Mrs Howard and woodwork classes with Mr Thompson. The students have had an amazing time visiting the Secondary Campus where they have developed some new skills in these areas. They have been extremely engaged in these lessons, looking forward to them each week.

Whilst cooking with Mrs Howard, the students made healthy wraps and yummy pizzas whilst trying new nutritious ingredients they have never had before.

In woodwork, Mr Thompson guided the students through making their own tea light holder providing them with the opportunity to use some of the machinery and developing new skills required for this area to make a keepsake of their learning.

Over the remainder of the Term, the other Year 5 students will have the opportunity to experience a taste of life on the Secondary Campus.

We are sure that they will learn as much from Mrs Howard and Mr Thompson as we did.

Deb Casburn, Year 5 Teacher



Year 5s First Sports Day



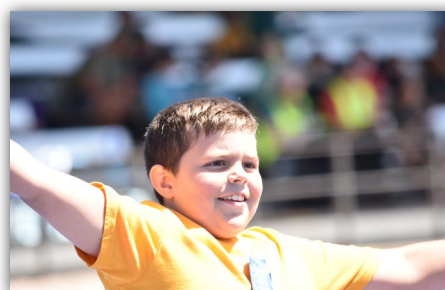
Last Friday, the Year 5 students were involved in their first ever, 5-12 MCC Sports Day. Before the day, the students were full of energy ready to give as many events a go as they could. They definitely didn't disappoint.

As the day went by, it was heart-warming to see how the students were embraced by the older students and staff at the College making them feel at ease and included helping them if they needed any help.

The sportsmanship on this day was also a highlight. To see each of the students encouraging each other, congratulating them not only on their successes but for their efforts as well truly demonstrated the values of MCC.

Although we had a very tired group of children on the way back to school, the talk about what a great day they had, filled the bus with students talking about what they will give a go at next year's MCC 5-12 Sports Day.

Deb Casburn, Year 5 Teacher



FUTURE PATHWAYS

Mrs Kelly Peucker, Transition Pathways Coordinator



UNIVERSITY CLINICAL APTITUDE TEST

The University Clinical Aptitude Test (UCAT) is a computer-based admissions test, used by the UCAT ANZ Consortium of universities in Australia and New Zealand to help select applicants for their medical, dental and clinical science degree programmes. The test helps universities to select applicants with the most appropriate abilities and professional behaviours required for new doctors and dentists to be successful in their clinical careers. It is used in collaboration with other admission processes such as interviews and academic qualifications.



UCAT is now open- Book your UCAT testing date soon to avoid disappointment. Popular dates, times and locations can book out early.

Bookings to sit UCAT close at 11:59pm AEST on 17 May 2023.

Year 12 students have been emailed information on how to nominate to sit UCAT. <https://www.ucat.edu.au/>

Please see Mrs Kelly Peucker in the Transition Pathways Office for more information and application forms if you are interested in these or any other VET programs.



MOUNT CARMEL COLLEGE

R-12

OPEN DAY: Secondary Campus

Thursday 23 March

4pm - 7pm



Now 3 campuses, including
Western Technical College

Visit www.mcc.catholic.edu.au or phone 8447 0500

Primary Campus
17 Pennington Terrace
Pennington

Secondary Campus
33 Newcastle Street
Rosewater



Western Technical College
44 Russell Street
Rosewater

WESTERN ADELAIDE JOBS EXPO

This FREE jobs expo is designed to help all job seekers, from school leavers to mature aged, connect with potential local employers to get inspired and improve job seeking skills and knowledge about local businesses, emerging industries and training options.

Date: Tuesday 21 March 2023 Time: 10am-2:30pm Cost: FREE
Location: St Clair Recreation Centre YMCA, 109 Woodville Road

To register or for more info:

Proudly supported by:



Queensford College 4DAY Hospitality April Program 2023

Course details

This course is designed to give students valuable hands-on experience preparing them for the hospitality industry. The students will learn how to make coffee and serve coffee to customers, serve and clear tables to industry standards and develop skills and knowledge about responsible service of alcohol. They will also learn how to make non-alcoholic beverages and serve them to customers in a simulated café environment.

Pre-reading is required for this course along with the hygiene unit online and an online coffee quiz to be completed. This has to be completed before commencing the 4-day program.

Dates	Cost
Wednesday 19 th April	5500
Thursday 20 th April	
Wednesday 26 th April	
Thursday 27 th April	

Course code	Course Name
SITXFA005	Use hygienic practices for food safety
SITHFAB025	Prepare and serve espresso coffee
SITHFAB027	Serve food and beverage
SITHFAB021	Provide responsible service of alcohol
SITHFAB024	Prepare and serve non-alcoholic beverages

GAIN
20 SACE CREDITS
STAGE 2



CONTACT US TO BOOK YOUR SPOT

Call us on (08) 8410 4605 or email sa@queensford.edu.au to apply today.

Queensford College is the trading name of Malakhu Investments Pty Ltd
Level 11, 90 King William Street, Adelaide SA 5000 Australia | www.queensford.edu.au | www.mcc.catholic.edu.au
ABN 1712904437 | RTO 317361 | CRICOS 030100

All information in this document was correct at the time of printing but is subject to change | V3.1 Reference: 06022023

Albert Park/Pennington Catholic Parish



SECOND RITE RECONCILIATION 2023

Tuesday, 28th March at 7.00 pm

Our Lady Queen of Peace Church, Albert Park

HOLY WEEK SERVICES 2023

Commencing Thursday, 6th April

Our Lady Queen of Peace Church

100 Botting Street, Albert Park

6.4.23 / 7.00pm - **Mass of the Lord's Supper:** Fr. Kevin Horsell

10.00 am - **Good Friday: Stations of the Cross**

3.00 pm - **Good Friday: Passion of the Lord:**
(Led by Lay Ministers)

***No** Saturday Easter Vigil Service

10.30 am - **Easter Sunday:** Fr. George Nader

Our Lady of Mount Carmel Church

Cnr Torrens Road and Pennington Tce

6.4.23 ***No** Mass of the Lord's Supper

Good Friday: Stations of the Cross: 10.00 am

3.00 pm - **Good Friday: Passion of the Lord:** Fr. George Nader

7.30 pm - **Saturday Easter Vigil:** Fr. Kevin Horsell

9.00 am - **Easter Sunday:** Fr. Brian Angus



2023

SANFL/AFL DIVERSITY TALENT ID TRIALS

For selection into AFL Leadership Programs



ADELAIDE | THEBARTON OVAL

SUNDAY 19TH MARCH

GIRLS 8.30AM - 11.30AM

BOYS 12.30PM - 3.30PM

Boys: Flying Boomerangs and All Nations World Team

Girls: Woomeeras and Medleys

Selection Criteria:

First Nation and Multicultural participants aged U15 years (born 2008 & 2009)

First Nation: From Aboriginal or Torres Strait Islander background

Multicultural: You or one parent must have been born overseas from a non-English speaking background, our target will be from African, Middle Eastern, Chinese, Indian and Pacific Islander communities.

QR Code to Register:



or visit: <https://sanflprograms.wufoo.com/forms/z1w69v6w0yt9v1s/>

Statewide Testing Dates and Venues:

Date	Venue	Time	AFL Academy
Tuesday February 28 th	Victor Harbor Encounter Lutheran School	4.00pm - 6.00pm	PAFC
Wednesday March 1 st	Mt Gambier High School	4.00pm - 6.00pm	AFC
Thursday March 2 nd	Murray Bridge High School	4.00pm - 6.00pm	PAFC
Tuesday March 7 th	Whyalla Secondary College	4.00pm - 6.00pm	AFC
Wednesday March 8 th	Pt Lincoln High School	4.00pm - 6.00pm	PAFC
Thursday March 9 th	Ceduna Area School	4.00pm - 6.00pm	PAFC
Tuesday March 14 th	Berri Oval	4.00pm - 6.00pm	PAFC
Wednesday March 15 th	Mailland Central Yorke School	4.00pm - 6.00pm	PAFC
Thursday March 16 th	Port Augusta Central Oval	4.00pm - 6.00pm	AFC
Sunday March 19 th	Adelaide Thebarton Oval	8.30am - 11.30am (Girls) 12.30pm - 3.30pm (Boys)	PAFC/AFC

AFL Leadership Program Selection Trial Games:

The best performing participants from country trials will be invited by SANFL to National Program selection trials at Thebarton Oval on **Sunday 19th March. Girls 8.30am - 11.30am and Boys 12.30pm - 3.30pm.**



The Fast Five

Parenting tips that really work

This two-hour workshop collects key concepts from current Australian research into effective parenting strategies. The workshop brings five key parenting activities designed to:

- ★ Cut through unnecessary parenting information ★
- ★ Provide strategies to improve children's behaviour, problem solving skills and emotional regulation ★
- ★ Improve the child/parent relationship ★

Time: 1:00pm - 3:00pm

Date: Wednesday 24 May 2023

Venue: Centacare
45 Wakefield St, Adelaide



Bookings are essential, please contact Centacare on 8215 6700 or email your details to: registrations@centacare.org.au

Children cannot be present at this course. No crèche available.

This project is jointly funded by Centacare Catholic Family Services and Department of Social Services.



Centacare

Keeping Families Safe: Picking up the pieces after domestic violence

This course is for families experiencing separation

This FREE workshop is for separated Parents and Carers to explore:

- How children experience domestic violence
- What children might learn from this experience
- How parents can help children heal
- Strategies to support children's on-going wellbeing
- Nurturing strategies

Time: 9:30am - 11:30am
Dates: Tuesday 4 July 2023

Venue: Centacare Level 2
45 Wakefield Street,
Adelaide 5000



Please note childcare facilities are not available and children cannot be present at this course.

Bookings essential. Please contact Centacare on 8215 6700 or email your details to: registrations@centacare.org.au

This project is jointly funded by Centacare Catholic Family Services and the Department of Social Services

www.centacare.org.au